

25 SOUL REVEALING QUESTIONS TO ASK THE AKASHIC RECORDS

By **Vincent Smith**

Before you start...

Accessing the Akashic Records can seem like an overwhelming task to accomplish, but with a little bit of practice, it is achievable. One of the key things you need to remember is that you should always have an intention before attempting to access the Akashic Records. We recommend you have a specific question in mind that you would like to ask, or a piece of information you'd like to be revealed. Below, we have created a list of ideas for things you could ask the Akashic Records. Good Luck!

Question Ideas:

1. Do I have wrongdoings in my past that are preventing me from living my current life to the fullest?
2. Were members of my present family, or friends, present in my life in the past?
3. Did I meet my lover in the past, and what was our relationship then?
4. Can I achieve my full and perfect spiritual growth in this life?
5. Who is my spirit guide, and how can I recognize my spirit guide's voice?
6. Why can't I get past the difficulty I have with _____ in my life?
7. Can I do better than I am in aligning my soul to its true purpose?
8. How can I find true love, and is my current love the right love for me?
9. What career will align best with the universe's intention for my destiny?
10. How can I find ways to serve my family, my friends, and the wider community?

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11. How can I rid myself of the toxic relationship, which is making me suffer so much?
12. What kind of role did I have in my previous lives, and how do those roles serve me today?
13. How can I control the wrong impulses I feel?
14. Did I ever meet person X in a past life, who is so important to me, and how does that impact the way we relate to each other now?
15. What spiritual gifts did I have in past lives and how can I draw on them today?
16. How can I release myself from the influence of person _____?
17. What skills and gifts do I have which I am currently suppressing?
18. How do my feelings of (unhappiness, depression, shame, desire, guilt, unworthiness) relate to past life experiences?
19. What can I learn from past lives, which will make me a less damaged person today?
20. How can I overcome my damaging addiction to _____?
21. Did something in my past lives contribute to the illness I am experiencing in this life?
22. How can I overcome my feelings of loneliness and isolation by identifying with a community to which I belonged in the past?
23. Is my compulsive behavior protecting me from knowledge that I should have?

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24. How can I improve my relationships with other people in the here and now using abilities from my past lives?

25. What is my current situation in life teaching me, and how should I make the choices that I need to make?